**Rachael Hinz – How to Rule School – Resources**

**Videos:**

<https://www.youtube.com/watch?v=5iTTNRE-njM> – Golden Retriever distracted video

<https://www.youtube.com/watch?v=l5-EwrhsMzY> – Kid president

**Books:**

<https://brenebrown.com/>

<https://www.chapters.indigo.ca/en-ca/books/the-executive-functioning-workbook-for/9781608826568-item.html>

[https://www.amazon.ca/Brain-Rules-Updated-Expanded-Principles/dp/098326337X/ref=sr\_1\_1?adgrpid=1351300023773203&dchild=1&hvadid=84456406293008&hvbmt=be&hvdev=c&hvlocphy=125158&hvnetw=o&hvqmt=e&hvtargid=kwd-84456422354631%3Aloc-32&hydadcr=22425\_10230498&keywords=brain+rules&qid=1601742841&sr=8-1&tag=msncahydra-20](https://www.amazon.ca/Brain-Rules-Updated-Expanded-Principles/dp/098326337X/ref%3Dsr_1_1?adgrpid=1351300023773203&dchild=1&hvadid=84456406293008&hvbmt=be&hvdev=c&hvlocphy=125158&hvnetw=o&hvqmt=e&hvtargid=kwd-84456422354631%3Aloc-32&hydadcr=22425_10230498&keywords=brain+rules&qid=1601742841&sr=8-1&tag=msncahydra-20)